



SUBSTANCE USE INTERVENTION PROGRAM (SUIP)

PRESENTS:

ANGER MANAGEMENT

A 3-Month Series for Parents, Staff, and the CFISD Community

Parents, Staff, & Community Neighbors,

CFISD Guidance & Counseling Department is excited to continue the Substance Use Intervention Program (SUIP) Parent/Community Trainings. This year we will begin with a 3-month series on Anger Management facilitated by CFISD Substance Use Intervention Counselor, Navita Johnson. These trainings are for the CFISD community: parents, staff, community leaders, and neighbors. Please come, learn, and grow!



Facilitated by:
CFISD Substance Use
Intervention Counselor
Navita K.J. Johnson

October 16, 2018
6:00 pm

Topic:
An Introduction to
Anger Management

Location:
Richard E. Berry Center
Panthers/Eagles Room
8877 Barker Cypress Rd.
Cypress, TX 77433



November 13, 2018
6:00 pm

Topic:
Cognitive Distortions/ Negative
Thinking Patterns

Location:
Richard E. Berry Center
Panthers/Eagles Room
8877 Barker Cypress Rd.
Cypress, TX 77433



December 13, 2018
6:00 pm

Topic:
Assertiveness Training/
Understanding Boundaries

Location:
Instructional Support Center
Boardroom
10300 Jones Rd.
Houston, TX 77065

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